



ENDURANCE

HEBREWS 10:36

Day 8: Endure Through Discouragement

Scripture Readings:

Hebrews 10:36 (ESV)

Romans 12:12 (ESV)

Observation:

As I left the Fire Commissioner's office, after hearing that my career in the fire service had ended, I was discouraged. A pastor stated in his sermon, "sometimes discouragement comes when we feel no way out, when we have no hope left." As I drove home that day, I felt as if there was no hope left. I was leaving a job I loved and because of the hearing loss accident, I wasn't sure what would come next.

Paul writes to the Romans about "rejoicing in hope, persevering in tribulation and devotion to prayer" as keys to enduring when we face discouragement. I needed to go into my prayer closet and spend some quality time with my God to find out how to endure in rejoicing hope that my life was not over.

Application:

- Describe a time in your life when you felt discouraged.
- How did you endure through the discouragement?
- What does it mean to you to rejoice in hope, persevere in tribulation?
- What role does the discipline of prayer play to help you endure the discouragements of life?

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